The promises made to

The Lord Jesus revealed to St Margaret Mary the following promises to those souls who would honour the Most Sacred Heart of Jesus:

- 1. I will give them all the graces necessary in their state of life
- 2. I will establish peace in their homes
- 3. I will comfort them in all their afflictions
- 4. I will be their secure refuge during life and above all in death.
- 5. I will bestow a large blessing upon all their undertakings
- 6. Sinners shall find in My Heart the source and the infinite ocean of mercy
- 7. Tepid souls shall grow fervent
- 8. Fervent souls shall quickly mount to high perfection
- 9. I will bless every place where a picture of My Heart shall be set up and honoured
- 10. I will give to priests the gift of touching the most hardened hearts
- 11. Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out
- 12. I promise you in the excessive mercy of My Heart that My all-powerful love will grant to all those who communicate on the first Friday in nine consecutive months, the grace of final perseverance; they shall not die in My disgrace nor without receiving their Sacraments; My Divine Heart shall be their safe refuge in this last moment

Act of Consecration to the Sacred Heart of Jesus by St Margaret Mary

I give myself and consecrate to the Sacred Heart of our Lord Jesus Christ, my person and my life, my actions, pains and sufferings, so that I may be unwilling to make use of any part of my being other than to honour, love and glorify the Sacred Heart. This is my unchanging purpose, namely, to be all His, and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him. I therefore take You, O Sacred heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life and my sure refuge at the hour of death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the strokes of his righteous anger. O Heart of love, I put all my confidence in You, for I fear everything from my own wickedness and frailty, but I hope for all things from Your goodness and bounty.

Remove from me all that can displease You or resist Your holy will; let your pure love imprint Your image so deeply upon my heart, that I shall never be able to forget You or to be separated from You.

May I obtain from all Your loving kindness the grace of having my name written in Your Heart, for in You I desire to place all my happiness and glory, living and dying in bondage to You.

forever and ever. Amen.