

Bedtime Blessing



As your child settles for sleep, pray this bedtime blessing.
Place your hand on our child's head.

Father God,

how you delight in this child of yours!

May _____ (child's name) know deeply and
truly how much you love him/her.

Jesus,

our Lord and Saviour.

Teach this child to follow in your ways and to grow closer
to you and to our Heavenly Father.

Holy Spirit,

giver of life.

Protect this child as he/she sleeps.
Help this child to rest deeply and
peacefully, and to awake refreshed in the morning.

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.