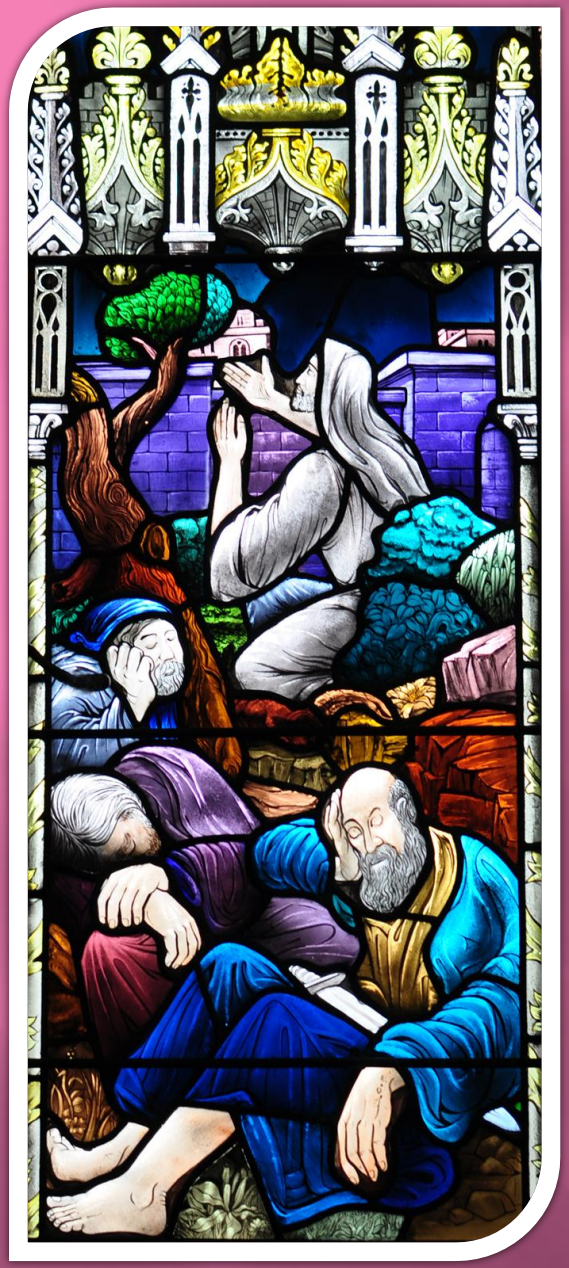

The Mysteries of Sorrow #1

JESUS PRAYS IN THE GARDEN OF GETHSEMANE

‘The disciples went with Jesus to a place called Gethsemane and he was deeply troubled. ‘My soul is sorrowful. Stay here and keep watch.”
Going a little further, he fell to the ground and prayed, “Abba, Father, take this cup from me. Yet not my will, but yours”.
He returned to the disciples and found them sleeping. “Could you not keep watch for one hour with me? The spirit is willing but the flesh is weak.”’

~Matthew 14:32-34

Our Father

Our Father, who is in Heaven;
Hallowed be your name;
Your Kingdom come,
your will be done, on earth,
as it is in heaven. Give us this
day our daily bread;

and forgive us our sins
as we forgive those who sin
against us, and lead us not into
temptation;
but deliver us from evil.

Amen.

Hail Mary

Hail Mary, full of grace,
The Lord is with you;
blessed are you among
women, and blessed is the
fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our
death,

Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.

Amen.