

# Good Friday

## THE WORD

Jesus was handed over to be crucified. A man named Simon of Cyrene was made to carry the cross with Jesus. When they came to the place called 'The Skull', they crucified Jesus with two others, one on either side. Jesus said, "Forgive them, Father. They don't know what they are doing". At midday, the sun stopped shining and darkness covered the land until three o'clock. Jesus cried out in a loud voice, "Father, into your hands I commend my spirit". And he died. Later his body was taken down and laid in a tomb for the Sabbath was about to begin.

Is 52:13-53:12 | Ps 30 | Heb 4:14-16, 5:7-9 | Jn 18:1-19, 42

## LOOK CLOSER

**For my sins.** It's easy to distance ourselves from Jesus' death, saying: He died for my sins, but there are people with worse sins than me. The truth is that Jesus would have died if you were the only one. Jesus' love for you is not abstract – it is personal and individual.

## PRAYER SPACE

### Symbol: Cross

Jesus,  
you are our Lord  
and Saviour, have  
mercy on us.  
Forgive us for our sins and  
bring us to holiness.  
Amen.



## DID YOU KNOW?

We call this day 'Good' Friday because today Jesus made the ultimate sacrifice and died for our sins. Even though Jesus' death was a very sad and painful thing, today is still a day of 'goodness' because now we have eternal life with God in Heaven.

## Good Friday Cross Ceremony

### Materials:

- 2 sticks and twine for each person
- Paper and pens
- Fire proof bowl
- Matches

Trim the two sticks so that one is about half the length of the other.  
Tie them into a cross using twine to make a figure 8 knot over the join.

### Make the Sign of the Cross

One person reads the scripture passage. Look at your cross and think about how Jesus died for you. How have you turned away from God?

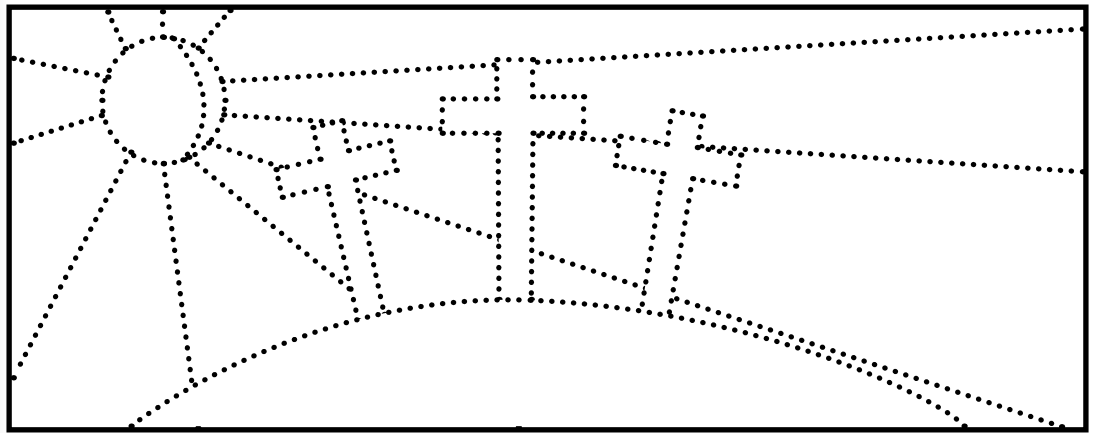
After a few minutes, each person write a prayer of sorrow or a sin on their paper. Help younger children write something simple like, 'I'm sorry Jesus'.

When everyone is ready say together the prayer.

One by one burn your prayers and sins.

Then offer any individual prayers.

Make the Sign of the Cross.



Many people in Jesus' time spoke and read Ancient Greek. Find out what Jesus said on the cross by using translating from the Ancient Greek using the Code below. You can also trace and colour the picture of the three crosses on the hill.

"ΓΘΠγΙΕΣ τηΣμ, ΓατηΣΠ. τηΣΨ  
δΘντ κνΘω ωηατ τηΣΨ αΠΣ  
δΘινγ."

α β γ δ ε ζ η θ ι κ λ μ ν ξ ο π ρ σ τ υ φ χ ψ ω ξ ψ Δ  
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

"□□□□□V□ T□□□,  
□□□□□R. □H□□  
□□□'□ □□□□ □□□□  
□□E□ □□□ □□□□□□."

## Good Friday

Forgive them Father. They don't know what they are doing.